## The Nation's Voice for People with Hearing Loss

#### April 2014

#### **Hearing Loss world Wide**

More than 56,000 Norwegians are members of the Norwegian association for people with hearing loss, HLF. Around 5 million people live in Norway. That means that more than 1% of all Norwegians are members of the association.

**Hearing Loss** 

Lane County Oregon Chapter

Association

If 1% of other countries populations were a part of their country's association of people with hearing loss, that would mean that more than 3 million people would be a part of the association in the USA. In Brazil, that number would be around 2 million. In Germany, 800,000 and in England and France, the figure would be around 600,000. In Spain, the association would have around 400,000 members. These figures are small in relation to China, where there would be around 12 million members of the country's association for people with hearing loss.

In other countries, there are unfortunately not nearly as many people who are members of the association for people with hearing loss. For example, the English organization, "Action on Hearing Loss", has around 20,000 members, according to its website.

## **Oregon Shakespeare Theater Open Caption Performances**

Volume 27 No 4

The Sign in Sidney Brustein's Window May 7, 8:00 p.m. The Comedy of Errors May 8, 8:00 p.m. The Tempest May 9, 8:00 p.m. Water by the Spoonful May 10, 1:30 p.m.

ound News

The Sign in Sidney Brustein's Window June 27, 8:00 p.m. The Two Gentlemen of Verona June 28, 8:00 p.m. A Wrinkle in Time June 29, 1:30 p.m.

A Wrinkle in Time August 15, 1:30 p.m. Richard III August 15, 8:00 p.m. Family Album August 16, 1:30 p.m. Into The Woods August 16, 8:00 p.m. The Two Gentlemen of Verona August 17, 8:00 p.m.

The Two Gentlemen of Verona September 18, 8:00 p.m. Richard III September 19, 8:00 p.m. The Comedy of Errors September 20, 1:30 p.m. Into the Woods September 20, 8:00 p.m. The Great Society September 21, 1:00 p.m.

The Tempest October 23, 8:00 p.m. The Great Society October 24, 1:00 p.m. A Wrinkle In Time October 25, 1:30 p.m. Water by the Spoonful October 25, 8:00 p.m. The Cocoanuts October 26, 1:30 p.m.

**Important Notes**: To assure best possible seating, it is strongly recommended that open-captioned tickets be purchased directly through either the Access Coordinator or the Box Office. Call the Box Office at 800-219-8161 or 541-482-4331, OTRS 711, or email to boxoffice@osfashland.org. Please mention you need seats in the open-captioned section, they are at a reduced price of \$25 but you must specify captions section and ask for the reduced price .OSF tries to accommodate on request captioning. They do their best to accommodate people who are hard of hearing or deaf.

## Leone's Line

Tape this to your bathroom mirror read it daily— it's 100% true.

1. There are at least two people in this world that you would die for.

2. At least 15 people in this world love you in some way.

3. The only reason anyone would ever hate you is because they want to be just like you.

4. A smile from you can bring happiness to anyone, even if they don't like you.

5. Every night, SOMEONE thinks about you before they go to sleep.

6. You mean the world to someone.

7. You are special and unique.

8. Someone that you don't even know exists loves you.

9. When you make the biggest mistake ever, something good comes from it. 10. When you think the world has turned it's back on you, take another .Remember the compliments you received. Forget the rude remarks.

Happiness keeps You Sweet, Trials keep You Strong, Sorrows keep You Human, Failures keeps You Humble.

Teore

In a Detroit church one Sunday morning, a preacher said, "Anyone with 'special needs' who wants to be prayed over, please come forward to the front by the altar."

With that, Leroy got in line, and when it was his turn, the Preacher asked, "Leroy, what do you want me to pray about for you?

Leroy replied, "Preacher, I need you to pray for help with my hearing."

The preacher put one finger of one hand in Leroy's ear, placed his other hand on top of Leroy's head, and then prayed and prayed and prayed. He prayed a "blue streak" for Leroy, and the whole congregation joined in with great enthusiasm.

After a few minutes, the preacher removed his hands, stood back and asked, "Leroy, how is your hearing now?" Leroy answered, "I don't know. It ain't 'til Thursday."

## Untreated hearing loss makes the brain shrink

Researchers have found that hearing loss accelerates the loss of brain tissue in older adults. The study gives urgency to treating hearing loss rather than ignoring it, the researchers say.

In general, the brain becomes smaller with age. But the shrinkage seems to be fast-tracked in older adults with untreated hearing loss, according to the results of a study by researchers from Johns Hopkins and the National Institute on Aging.

For the study, researcher Frank Lin, M.D., Ph.D. and his colleagues at Johns Hopkins Medicine in the US used information from the Baltimore Longitudinal Study of Aging to compare brain changes over time between adults with normal hearing and adults with hearing loss. www.hopkinsmedicine.org

Thanks to Marilyn Treiman For her donation to our chapter.

Members: if you have changed your e-mail address please notify Karin Smith of the change karinsm@efn.org

Hearing Loss Assoc.-Lane County, Oregon Information calls are taken by Linda Diaz 790-1290 HLA A is published monthly for members of Hearing Loss Association of Lane County. Annual chapter fee of \$10.00 can be mailed to SHHH, Inc. PO Box 22501, Eugene, OR 97402

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nt	Allurea Cabral						

al website: www.hearingloss.org Oregon website: www.hearinglossOR.org Noise also makes fruit flies lose their hearing Fruit flies are ideal to study human hearing, even though they "listen" with an antenna.

Researchers from University of Iowa have studied the sensitivity of fruit flies' hearing by exposing them to a loud 120 decibel tone. There are great similarities between the hearing of the tiny insects and humans, which make them ideal for study.

The results may help researchers understand the factors involved in noise-induced hearing loss (NIHL) and how to ease the effects of noise traumas in the future. Noise-induced hearing loss (NIHL) is an expensive and growing health problem. It may be a challenge to aging generations, who enters retirement, as well as to young people, who hear loud music in ear buds and are exposed to loud music at concerts.

#### **Hearing recovers**

Fruit flies "listen" with an antenna rather than ears. Even so, if fruit flies are blasted by loud sounds and noises, it has the same effect on the tiny insects as it does on humans. In the study, the insects were exposed to a loud 120 decibel tone, which is similar to the noise exposure at a rock concert. The flies' responsiveness was tested by inserting tiny electrodes into their antennas. The fruit flies receiving the loud tone had their impaired hearing compared to that of a control group of flies. A week later, when the flies that were exposed to noise were tested again, they had recovered normal hearing levels.

#### Human ear

The molecular make-up of the common fruit fly's hearing apparatus is roughly the same as that in people. The study can be the foundation for studying molecular and genetic conditions resulting from noise-induced hearing loss (NIHL). Researchers hope to learn how generic pathways change in response to noise-induced hearing loss (NIHL), as well as how modifications to these pathways might reduce the effects of noise-induced trauma.

New Survivor's Manuals – FREE to Anyone. Donations appreciated. Cost to mail copies is \$4 each or 20 for \$35 PO Box 22501 Eugene, OR 97402

<u>Sound News</u> is a publication of HLA Lane Co and is published monthly. P.O. Box 22501 Eugene OR 97402

"Kindness is the language that the deaf can Hear and the blind can See." Mark Twain

The Lane County chapter has an active website www.hearinglosslane.org, Now you can find answers to all the Chapter questions.

# Keeping Your Batteries Charged

# Information You Can Use

Hearing health advocacy groups are also putting pressure on lawmakers. A proposed Hearing Aid Assistance Tax Credit law would provide a tax credit of up to \$500 per hearing aid once every five years for parents purchasing a hearing aid for a dependent child as well as for those over the age of 55. H.R. 1317 is currently being considered by the House Ways and Means Committee and the Senate Finance Committee

The FCC issued new rules for TV closed captioning. These rules require that, to the fullest extent possible, captions must be accurate (!), synchronous (displayed at the same time as the words are said), complete (for the length of the program), and properly placed, so they don't block other important visual content on the screen.

# Contentment is not the fulfillment of what you WANT but the realization of what you already have.

# New Bluetooth technology for hearing aids on the way

An agreement between hearing aid manufacturers and Bluetooth Special Interest Group means that in the future, Bluetooth technology can send sound signals directly to hearing aids.

It hasn't been possible for Bluetooth technology, which transfers information from one electrical device to another through a wireless connection, to send sound signals directly to a hearing aid. The most significant reason for this has been that the technology demanded more power than the small batteries within a hearing aid could provide.

Bluetooth Special Interest Group (SIG) and European Hearing Instrument Manufacturers Association (EHIMA) have now signed a memo of understanding (MOU) to develop a standard for new hearing aids.

The standard will improve existing features as well as creating new ones such as stereo audio from a mobile device or media gateway using Bluetooth<sup>®</sup> wireless technology. Hearing aid users will no longer need intermediate "relay" devices and they can switch freely between brands as all major manufacturers will adhere to the same standard.

The new Bluetooth standard is expected to be adopted rapidly by consumer electronics manufacturers, once it has been finalized, presumably in 2016.

# Need Help Paying Your Monthly Phone Bill? OTAP

Oregon Telephone Assistance Program (OTAP) may provide a reduction in the monthly telephone bill for Oregonians who receive qualifying benefits.

E-MAIL: puc.otap@state.or.us

PHONE: (800) 848-4442 - Voice (800) 648-3458 - TTY (877) 567-1977 - Fax (971) 239-5845 - Videophone

Monday - Friday 8 a.m. to 5 p.m.

# Having Trouble Or Unable To Communicate By Telephone? TDAP

Telecommunication Devices Access Program (TDAP) loans adaptive telephone equipment at no cost and with no income restrictions to eligible Oregonians who are hearing, cognitive, vision, speech or mobility impaired.

E-MAIL: puc.tdap@state.or.us



Membership in HLAA is \$20 student, \$35 individuals, \$45 for couple/family, \$60 professional. It includes the awardwinning bi-monthly magazine, *Hearing Loss*. Write HLAA, 7910 Woodmont Ave., Ste.

*Hearing Loss.* Write HLAA, 7910 Woodmont Ave., Ste. 1200, Bethesda, MD 20814; 301-657-2248 (Voice); 301-657-224 (TTY); 301-913-9413 (Fax) or www.hearingloss.org. Get the latest e-news: http://www.hearingloss.org/membership/ Sen.asp. Download or Complete Applications at www.rspf.org



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- Espanol: 7-1-1 or 800-359-2703
- ASCII:
  7-1-1 or 800-735-0644
- Voice Carry-Over: 7-1-1 or 800-735-3260

- Speech-to-Speech: 7-1-1 or 877-735-7525
- 900 Services: 900-230-3325
- Customer Service: 800-735-2900 877-787-1989 (Speech-disabled only)
- Servicio al cliente en Español: 800-676-4290
- Websites: www.oregonrelay.com www.oregoncaptel.com

# SPEAK, LISTEN AND READ WIRELESSLY!

Sprint

Wireless CapTel<sup>®</sup> by Sprint<sup>®</sup> is a free app for individuals with hearing loss to place captioned calls on select Android-powered devices.\* Wireless CapTel by Sprint delivers word-for-word captions of everything your caller says, while listening and speaking directly to your caller!

App features include:

- Integrated contact list
- Call history
- Font size/color modifications
- Built-in voicemail



Scan to download app or search Wireless CapTel by Sprint in the Android Marketplace.

\* App requires an Android-powered device with OS 2.2 or higher.

Need a device? Wireless CapTel by Sprint uses VOiP services to connect your calls. Start saving today by visiting sprintrelaystore.com/wcs

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Why are you joining us?	Birthday AnniversaryHolidays		
What most interests/puzzles you about hearing or hearing devices?	Marriage Survivors' Man- ual Other		
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16

Sprint!

Hello Carol speaking.

Hi Ted I'm good how about you? That's very

cool about a new app.

on your monthly wireless bill and can now place calls almost anywhere

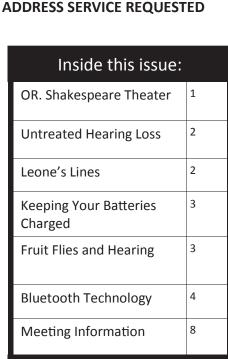
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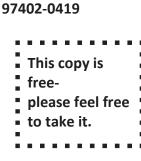
It sounds wonderful! I'm glad you are saving

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Bluetooth Technology Meeting Information	4 8	If the month & year on your mailing label have already renew your membership!Please use the form on page 米米米米米米米米米米米米	
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y passed, it's time to e 6 to pay your dues





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Eugene, OR



by amplification-loop assistive listening accessible for all degrees of hearing loss

Thursday of the month. They are

Real time captioning by CC Reporting

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Hilyard Community Ctr. Board Meeting Apr 1

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(Debby ad Jan)

**Hearing Loss** Association of America Lane County Oregon Chapter

### ADDRESS SERVICE REQUESTED