



Sound News

February 2013

Volume 26 no 2

GOING TO THE CONVENTION –

Let's Count the Ways

We hope you've decided that the best and most exciting event you are going to attend in 2013 is the HLAA National Convention at the Portland Convention Center from June 27-30.

Highlights will include:

KEYNOTE SPEAKER Howard Weinstein who is giving an inspiring life story about how his life changed after the death of his 10-year-old daughter.

A RESEARCH SYMPOSIUM to be attended by all. This year's topic will be "Latest Developments in Hearing Rehabilitation Research."

WORKSHOPS AND PRESENTATIONS covering such topics as "Diabetes and Hearing Loss," "Approaches to Tinnitus Management," "Approaches to Auditory Rehabilitation," and "Group Auditory Rehabilitation."

EDUCATIONAL WORKSHOPS will be on four tracks: Advocacy, Assistive & Other Technology, Hearing Aids & Cochlear Implants, and Relationships. The EXHIBIT HALL will display the latest cutting edge technology and services for people with hearing loss. An ENCHANTED EVENING is planned for the Forestry Center on Fri. night. And An AWARDS BANQUET on Sat. night which will also be a farewell for the retiring National director, Brenda Battat.

Transportation between Double Tree Hotel and the Convention Ctr. will be free. Round the clock transportation to the Forest Ctr. will be free, and all attendees will receive a free pass for Tri-Met for the duration of their stay.

REGISTRATION OPTIONS

There are many registration options to choose from, even for those who are a little low on funds. For the best and lowest rates you need to register by January 31, 2013.

First, you can be a VOLUNTEER. You will be asked to work a minimum of 8 hours, and may be asked to serve as workshop monitors, convention ambassadors, muscle and more. This route gives you a full ride with a 25% discount off all regular rates. If it's your first convention, the rates are even less. You can also choose a one-day package. You can arrange your schedule for volunteering and still not miss any workshops. This application can be found on the Hearing Loss Association of America website.

Secondly, you can file the EARLY-BIRD REGISTRATION FORM, which also includes first-timer reduced rates, an education package with further reduced rates, and also daily packages. This form can be found on the national link as well as in the latest issue of Hearing Loss Magazine. Deadline is January 31.

If you aspire to be a leader in your chapter one day, a good start would be to register with the HLAA STATE AND CHAPTER DELEGATE REGISTRATION FORM. ONE person from each HLAA state and Chapter organization may register for this option, also at a greatly-reduced rate. Delegates are required to attend the HLAA State/Chapter workshop on Saturday (June 30) morning, lasting 85 minutes. You are also welcome

(and it is highly recommended) to attend other State and Chapter workshops held Thursday, Friday and Saturday. This form should be submitted to our Chapter President, Shirley Perry as soon as possible.

AND YES THERE ARE SCHOLARSHIPS AVAILABLE

HLAA also offers scholarships for national members who have never attended a convention before. All applications and/or nominations will first be considered for the Rocky and Ahme Stone Endowment Scholarship. For Convention 2013 there will be just one recipient of this coveted scholarship chosen by the board-appointed committee.

Those applicants who are NOT awarded the Rocky and Ahme Stone Scholarship will be considered for other scholarships. It is National's goal to award a scholarship to all those who apply or who are nominated. Funding will come from private parties, HLAA chapters and state organizations.

You can access this application by going to www.convention@hearingloss.org, and clicking on Scholarships, or by calling HLA of America (301)657-2248. These applications must be received no later than February 15, 2013.

There is a lot to pack into three days, and added to that you will make so many new friends and learn how others cope with hearing loss. We hope to see all of you there and hope you have a great time. Get that application in now.

Leone's Lines



Speed Talking

Most folks speak at 120 words per minute (2 words per second).

Excitable people speak at 160-190 words per minute.

Fast talkers who rush off terms and conditions on some radio ads speak at 300 words per minute.

The world record? More than 600 words per minutes (10 words per second) Fastest man is 655 wpm and fastest woman is 603 wpm.

How often do we want to say to people....**slow down!!!** I've noticed most teens speak too fast, even when you ask them to slow down.

Remember the old song... "SLOW DOWN YOU'RE GOING TOO FAST!!"

Leone

Antibiotics That Don't Damage Hearing

The world needs new antibiotics to overcome the ever-increasing resistance of disease-causing bacteria - but it doesn't need the side effect that comes with some of the most powerful ones now available: hearing loss. Today, researchers report they have developed a new approach to designing antibiotics that kill even "superbugs" but spare the delicate sensory cells of the inner ear.

Surprisingly, they have found that apramycin, an antibiotic already used in veterinary medicine, fits this bill -- setting the stage for testing in humans.

University of Michigan

Figures released by the Hearing Dogs for Deaf People have revealed much discrimination against deaf people who use hearing dogs. The report, showed that 78% of owners had at least on one occasion been turned away from a service provider because of their animal. The experience left 52% of recipients angered, 45% feeling discriminated against and 31% embarrassed.

Equality for deaf people with a hearing dog is a human right and we must recognize that. "If recipients are refused access while they are accompanied by a hearing dog, it can be a traumatic and often isolating situation"

<http://tinyurl.com/be956b5>

THAT DEAF GUY



BY MATT & KAY DAIGLE

Members: if you have changed your e-mail address please notify Karin Smith of the change karinsm@efn.org

Hearing Loss Assoc.-Lane County, Oregon Information calls are taken by Linda Diaz 790-1290

HLA A is published monthly for members of Hearing Loss Association of Lane County.

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Article Deadline: Second Thursday each month

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Typesetting & Design

Leone Miller 744-2994

Place an ad

Karen Swezey kswezey@efn.org

National website: www.hearingloss.org

Oregon website: www.hearinglossOR.org

Andrea Cabral and **Clark Anderson** attended a graduate seminar in collaboration with the UO architecture department designs with our special needs for architecture-very interesting.

OREGON LIONS CLUBS

Most Oregon's Lions Clubs provide hearing exams and rebuilt used hearing aids with a 6 mo. warranty for those who don't have the ability to purchase them. This program is made available primarily to those individuals who don't have insurance that covers vision and hearing and whose income falls at or below 200% of the Federal Poverty Level Guidelines. Some clubs also have length of residency requirements and other policies as determined by the individual Lions Club.

If you need assistance obtaining eyeglasses or hearing aids, call the Lions Information Service number at **971-270-0203** and leave the information requested on the voicemail. Calls are reviewed daily by volunteers and your contact information will be forwarded to the Lions Club that serves your area. If you have not heard back from a Lions Club member within a week, please call again. Assistance depends on eligibility and Club funds available

Hearing Health Seminar by Cochlear. Learn about **cochlear implants** and **bone anchor hearing solutions**. Medical staff will be doing presentations on these topics and you can also meet people who have had an implant.

Event Type: Seminar Sat. Feb. 2, 2013 10 am-12 pm

Hilton Garden Inn Eugene/Springfield

3528 Gateway Street Springfield, OR 97477

Free (but you need to register)

www.hearinghealthseminar.com click on the February 2nd date in Spfd OR

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Oregon Convention Center and DoubleTree by Hilton Hotel Portland

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CONVENTION 2013
Hearing Loss Association of America



Sound News is a publication of HLA Lane Co and is published monthly.
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New Survivor's Manuals –FREE to Anyone. Donations appreciated. Cost to mail copies is \$4 each or 20 for \$35. Send a check made out to HLA, PO Box

Keeping Your Batteries Charged



Information You Can Use

Here's a great video that does a wonderful job of explaining both telecoils and hearing loops. And it's captioned! Thanks to Bob MacPherson's bhNEWS for the lead on this video.

<http://www.youtube.com/watch?v=9BUR1rChKfw>

"We need to think of ways for kids to see more words in print. Every time you see a word, it gets imprinted in your memory. Eventually it becomes a sight word — a word you recognize immediately. You don't have to analyze it," states Kent State University literacy professor Tim Rasinki.

English contains roughly 600 sight words (about, day, down, eat). The first 300 represent 67 percent of the most-used words. (They show up everywhere, including text messages, he says.)

"Ideally, we want kids to recognize them automatically by the end of second grade," Rasinski said. Children are directed to watch closed captioned TV.

Do you plan on going to the HLA convention in June?

Talk to a board member about travel arrangements, rooming arrangements, costs, and anything else you need to know to attend. Do it soon before prices increase on the convention costs.

Noisy Jobs Affect Hearing

People with reduced hearing are more affected by noise than previously thought. Teachers, health personnel and other occupations where it is important to be able to hear are especially affected. People with reduced hearing can become tired and stressed much quicker than those with normal hearing — especially during and after work.

The study showed among other things:

- People with reduced hearing do as much work as those with normal hearing, but they often become more tired.
 - People with reduced hearing generally experience that their work assignments are more strenuous than those with normal hearing.
 - Occupations in which hearing plays a significant role are more at risk than others. Especially teachers and health- and care personnel.
 - That a noisy work environment is more strenuous when solving mathematic assignments or making decisions which are based on mathematic calculations.
- Our short-term memory and being able to recall information plays an important role in most jobs. However, no matter how well this works, reduced hearing will always mean an extra strain.

The results show much clearer than previously, how strenuous it can be to listen for those who also have to interpret sounds.

Hear It .Org

Source: www.suntliv.nu

Need Help Paying Your Monthly Phone Bill? OTAP

Oregon Telephone Assistance Program (OTAP) may provide a reduction in the monthly telephone bill for Oregonians who receive qualifying benefits.

E-MAIL: puc.otap@state.or.us

PHONE:

(800) 848-4442 - Voice

(800) 648-3458 - TTY

(877) 567-1977 - Fax

(971) 239-5845 - Videophone

Monday - Friday 8 a.m. to 5 p.m.

Having Trouble Or Unable To Communicate By Telephone? TDAP

Telecommunication Devices Access Program (TDAP) loans adaptive telephone equipment at no cost and with no income restrictions to eligible Oregonians who are hearing, cognitive, vision, speech or mobility impaired.

E-MAIL: puc.tdap@state.or.us



Download or Complete Applications at www.rspf.org



GOV TODAY

Membership in HLAA is \$20 student, \$35 individuals, \$45 for couple, \$60 professional. It includes the award-winning bi-monthly magazine, *Hearing Loss*. Write

HLAA, 7910 Woodmont Ave., Ste. 1200, Bethesda, MD 20814; 301-657-2248 (Voice); 301-657-224 (TTY); 301-913-9413 (Fax) or www.hearingloss.org. Get the latest e-news: <http://www.hearingloss.org/membership/>

All ads are subject to review. Preference will be given to advertisers offering goods and services to hard-of-hearing and deaf people. Mention of goods or services in articles or advertisements does not indicate HLA endorsement, nor does exclusion suggest disapproval.



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Hearing Loss Assoc. of Lane County Chapter Fee and National Membership Form

Please fill out this form /survey & mail to HLA - Lane Co., PO Box 22501, Eugene, OR 97402.

Additional contributions to either the national organization or our local chapter are always welcome and are tax deductible. We need your support! Please pay your dues today!

Name: _____ Birthdate (month/day) _____

Address _____

City: _____ State: _____ Zip: _____ Home phone: _____

E-mail address: _____ Work phone: _____

FAX: _____ Prefer: TTY/TDD? Voice? Either ?

Please include the above information in the chapter participants directory.

I am a National HLA member: Yes No

I have enclosed: \$10.00 Chapter fees \$35.00 National dues

Occupation _____ Retired

Hobbies _____

Cause and type of hearing loss _____

How serious do you consider your hearing loss?

Mild Moderate Severer Profound Other

How did you learn about HLA? _____

Would you be willing to volunteer: on a regular occasional basis?

Ideas for future newsletter articles, meeting topics or speakers

Memorial/Honorarium or Special Donations

I enclose a donation of:

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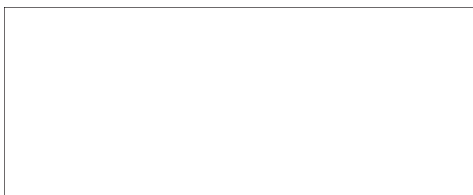
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If the month & year on your mailing label have already passed, it's time to renew your membership! Please use the form on page 6 to pay your dues today!

Inside this issue:	
Going to the Convention	1
Antibiotics that Don't Cause Hearing Loss/ Dogs for the Deaf	2
Leone's Lines	2
Oregon Lions Clubs	3
Keeping Your Batteries Charged	3
Noisy Jobs Affect Hearing	4
Meeting Information	8

February 14th Meeting
2580 Hilyard
Hilyard Center
7-9 pm

**The February meeting has been
cancelled.
Hope to see you all
in March!**

Membership meetings are the 2nd Thursday of the month. They are accessible for all degrees of hearing loss by:

- ♦ Amplification — Loop assistive listening system
- ♦ Real-time captioning by Debby Bonds

Calendar

Board Meeting : Feb. 5
Hilyard Community Ctr.
2580 Hilyard St
Eugene